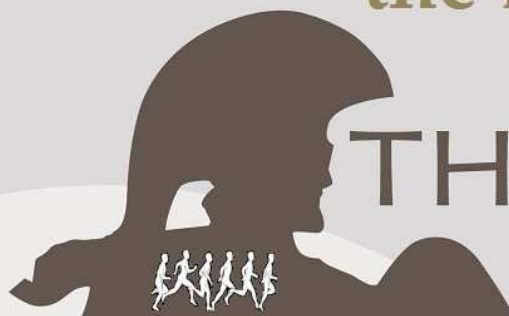


Sparta – Thermopylae the Epic March



THE 300 OF SPARTA

Spring
2018

ONLY for people with **COURAGE!**
Accept the **CHALLENGE.**
Feel the **PASSION.**
Experience the **ADVENTURE.**
Share the road that led king Leonidas
and his 300 to their **EPIC GLORY!**

Follow the course where King Leonidas led 300 Spartans to stem the onslaught of the Persian troops to Europe and, thus, change the flow of world history.

Come to Greece and start your journey through time from the city of Sparta. Go back 2500 years and run the distance traveled by Leonidas and his soldiers, a distance that, at that time, seemed more than a trip to the edge of the world. But it was worth covering it, because it led to the battlefield of Thermopylae and to the confrontation of the enemy. When you will reach this same place, after having marched on the footsteps of the Spartans and learned about their mentality and their way of life hundreds of years ago, you will discover that Thermopylae is not just another city, or another battlefield. It is this particular moment in your life where you know you have to sacrifice something important for an "idea", a "dream", or for a person you love. And that readiness to sacrifice, glorifies you. Are you able to overcome the physical and mental fatigue?

The ascents of the road, the endless kilometers, the hesitation, the isolation and solitude you might feel? Are you ready to confront yourself and your weaknesses?

Believe in the cause. Focus on the target. Run to the glory. At the last step you will have learned that glory is not only reaching the end. It is also fighting your demons and win.

Important Note!

Every participant should know that an event like this does not require just a healthy body in excellent physical condition, ready to overcome any kind of stress.

It requires mental balance!
commitment to the target!
ability to deal with ongoing conflicting emotions!

It brings to the surface aspects of one's character hitherto unknown.

It is a life challenge, where the individual effort surrounded by the beauty of nature, provokes to surpass the unknown and creates new friendships.

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